

**St Mary Magdalene with St Martin**  
**8<sup>th</sup> March 2026 Morning Prayer**  
**The Third Sunday of Lent**

**Before the service**

**Song: Father, we adore you**

Father, we adore you,  
lay our lives before you.  
How we love you!

Jesus, we adore you,  
lay our lives before you.  
How we love you!

Spirit, we adore you,  
lay our lives before you.  
How we love you!





## **Greeting**

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

Give us the joy of your saving help  
**and sustain us with your life-giving Spirit.**

*The minister may say:*

We have come together in the name of Christ  
to offer our praise and thanksgiving,  
to hear and receive God's holy Word,  
to pray for the needs of the world,  
and to seek the forgiveness of our sins,  
that by the power of the Holy Spirit  
we may give ourselves to the service of God.

**Song: To be in your presence**

To be in your presence,  
to sit at your feet,  
where your love  
surrounds me  
and makes me complete.

*This is my desire, O Lord,  
this is my desire,  
this is my desire, O Lord,  
this is my desire.*

To rest in your presence,  
not rushing away,  
to cherish each moment,  
here I would stay.

*This is my desire, O Lord,  
this is my desire,  
this is my desire, O Lord,  
this is my desire.*

## **Confession**

Jesus says, 'Repent, for the kingdom of heaven is close at hand.' So let us turn away from our sin and turn to Christ, confessing our sins in penitence and faith.

**Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed.**

**We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God.  
Amen.**

## **Forgiveness**

May the Father of all mercies  
cleanse *us* from *our* sins,  
and restore *us* in his image  
to the praise and glory of his name,  
through Jesus Christ our Lord.  
**Amen.**

## **Thanksgiving**

**Almighty God, Father of all mercies,  
we your unworthy servants give you most  
humble and hearty thanks for all your  
goodness and loving kindness to us and all  
humankind.**

**We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love in  
the redemption of the world by our Lord  
Jesus Christ, for the means of grace, and the  
hope of glory.**

**Give us, we pray, such a sense of all your  
mercies that our hearts may be sincerely  
thankful, so that we may show forth your  
praise, not only with our lips, but in our lives,  
and by walking before you in holiness and  
righteousness all our days; through Jesus  
Christ our Lord, to whom, with you and the  
Holy Spirit, be all honour and glory, for ever  
and ever.**

**Amen.**

## Song: Make me a channel of your peace

1.

Make me a channel  
of your peace.  
Where there is hatred,  
let me bring your love.  
Where there is injury,  
your pardon, Lord;  
and where there's doubt,  
true faith in you.

### **Chorus**

*O, Master, grant that  
I may never seek  
so much to be consoled  
as to console,  
to be understood as to understand,  
to be loved as to love  
with all my soul.*

2.

Make me a channel  
of your peace.  
Where there's despair in life,  
let me bring hope.  
Where there is darkness,  
only light,  
and where there's sadness,  
ever joy.

3.

Make me a channel  
of your peace.  
It is in pardoning  
that we are pardoned,  
in giving of ourselves  
that we receive,  
and in dying that we're  
born to eternal life.

## THE WORD OF GOD

### Scripture Readings

#### Romans 5: 1-11

#### Results of Justification

<sup>1</sup> Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, <sup>2</sup> through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. <sup>3</sup> And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, <sup>4</sup> and endurance produces character, and character produces hope, <sup>5</sup> and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

<sup>6</sup> For while we were still weak, at the right time Christ died for the ungodly. <sup>7</sup> Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. <sup>8</sup> But God proves his love for us in that while we still were sinners Christ died for us. <sup>9</sup> Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. <sup>10</sup> For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. <sup>11</sup> But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

This is the word of the Lord.

**Thanks be to God.**

## John 4: 5-42

<sup>5</sup> So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. <sup>6</sup> Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

<sup>7</sup> A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink.' <sup>8</sup> (His disciples had gone to the city to buy food.) <sup>9</sup> The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) <sup>10</sup> Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' <sup>11</sup> The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water?' <sup>12</sup> Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' <sup>13</sup> Jesus said to her, 'Everyone who drinks of this water will be thirsty again, <sup>14</sup> but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' <sup>15</sup> The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

<sup>16</sup> Jesus said to her, 'Go, call your husband, and come back.' <sup>17</sup> The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; <sup>18</sup> for you have had five husbands, and the one you have now is not your husband. What you have said is true!' <sup>19</sup> The woman said to him, 'Sir, I see that you are a prophet. <sup>20</sup> Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' <sup>21</sup> Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. <sup>22</sup> You worship what you do not know; we worship what we know, for salvation is from the Jews. <sup>23</sup> But the hour is coming, and is now here, when the true worshippers

will worship the Father in spirit and truth, for the Father seeks such as these to worship him. <sup>24</sup> God is spirit, and those who worship him must worship in spirit and truth.’ <sup>25</sup> The woman said to him, ‘I know that Messiah is coming’ (who is called Christ). ‘When he comes, he will proclaim all things to us.’ <sup>26</sup> Jesus said to her, ‘I am he, the one who is speaking to you.’

<sup>27</sup> Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, ‘What do you want?’ or, ‘Why are you speaking with her?’ <sup>28</sup> Then the woman left her water-jar and went back to the city. She said to the people, <sup>29</sup> ‘Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?’ <sup>30</sup> They left the city and were on their way to him.

<sup>31</sup> Meanwhile the disciples were urging him, ‘Rabbi, eat something.’ <sup>32</sup> But he said to them, ‘I have food to eat that you do not know about.’ <sup>33</sup> So the disciples said to one another, ‘Surely no one has brought him something to eat?’ <sup>34</sup> Jesus said to them, ‘My food is to do the will of him who sent me and to complete his work. <sup>35</sup> Do you not say, “Four months more, then comes the harvest”? But I tell you, look around you, and see how the fields are ripe for harvesting. <sup>36</sup> The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. <sup>37</sup> For here the saying holds true, “One sows and another reaps.” <sup>38</sup> I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.’

<sup>39</sup> Many Samaritans from that city believed in him because of the woman’s testimony, ‘He told me everything I have ever done.’ <sup>40</sup> So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. <sup>41</sup> And many more believed because of his word. <sup>42</sup> They said to the woman, ‘It is no longer because of what you



said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.’

This is the word of the Lord.

**Thanks be to God.**

## Sermon

### Apostles' Creed

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our  
Lord, who was conceived by the Holy Spirit  
born of the Virgin Mary, suffered under  
Pontius Pilate, was crucified, died, and was  
buried; he descended to the dead. On the  
third day he rose again; he ascended into  
heaven, he is seated at the right hand of the  
Father, and he will come to judge the living  
and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.**



## Intercessions

### Collect for The Third Sunday of Lent

**Almighty God,  
whose most dear Son went not up to joy but first  
he suffered pain,  
and entered not into glory before he was crucified:  
mercifully grant that we, walking in the way of the cross,  
may find it none other than the way of life and peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen.**

## **Lord's Prayer**

*As our Saviour has taught us, so we pray:*

**Our Father in heaven, hallowed be  
your name, your kingdom come, your  
will be done, on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Lead us not into temptation  
but deliver us from evil.**

**For the kingdom, the power, and the  
glory are yours now and for ever.**

**Amen.**

**Notices.**

**Song: You shall go out with joy**

You shall go out with joy  
and be led forth with peace,  
and the mountains and the hills  
shall break forth before you.  
There'll be shouts of joy  
and the trees of the field shall clap,  
shall clap their hands.

And the trees of the field  
shall clap their hands,  
and the trees of the field  
shall clap their hands,  
and the trees of the field  
shall clap their hands,  
and you'll go out with joy.

## **THE CONCLUSION**

*The formal ending may be used.*

### **The Blessing**

The Lord bless us and watch over us;  
the Lord make his face shine upon us and be gracious to us;  
the Lord look kindly on us and give us his peace.

**Amen.**